

# GET BACK ON TRACK

in Sydney's biggest backyard

Liverpool Area



## Gabrugal Yana

Gabrugal Yana is a beautiful bushwalk that winds through the Cumberland Plain woodland from Cecil Park to Middleton Grange. The walk runs along a ridge line and features fantastic views to Sydney Harbour and the Blue Mountains.

Most of the walk is on unsealed surfaces with some short hill sections and stepping stones. This makes the walk more challenging than some of the other trails in the parklands.

### Art Trail

Gabrugal Yana is more than a bushwalk, it is an experience for people to learn more about First Nations culture and language on Country. Gabrugal Yana means 'walk of the Gabru (or Cabro) people' and is on the traditional lands of the Gabrugal (or Cabrogal) clan of the Dharug nation. Along the walk you will find six incredible artworks by leading First Nations artists, which represent six Dharug seasons.



Grade 3



Length

11km return  
(4hr – 4.5hr)



Suitable

Walking,  
running



Surface

Sealed and  
unsealed  
surfaces

### Amenities:



**Getting there:** You can get there by car or public transport. Start the walk at Wylde MTB & BMX where there is free parking. You can also enter at Robey Ave where there is some street parking.

If you're travelling by public transport, the closest bus stop is on Elizabeth Dr opposite Duff Rd, which is approximately a 30-minute walk from Wylde MTB & BMX. Local residents can also walk, run or cycle into the Parklands.

**Starts and finishes:** You can enter the walk via Wylde MTB & BMX or the Robey Ave entrance to the Parklands. We recommend starting and finishing at Wylde MTB & BMX where toilets, drinking water and free parking are available.

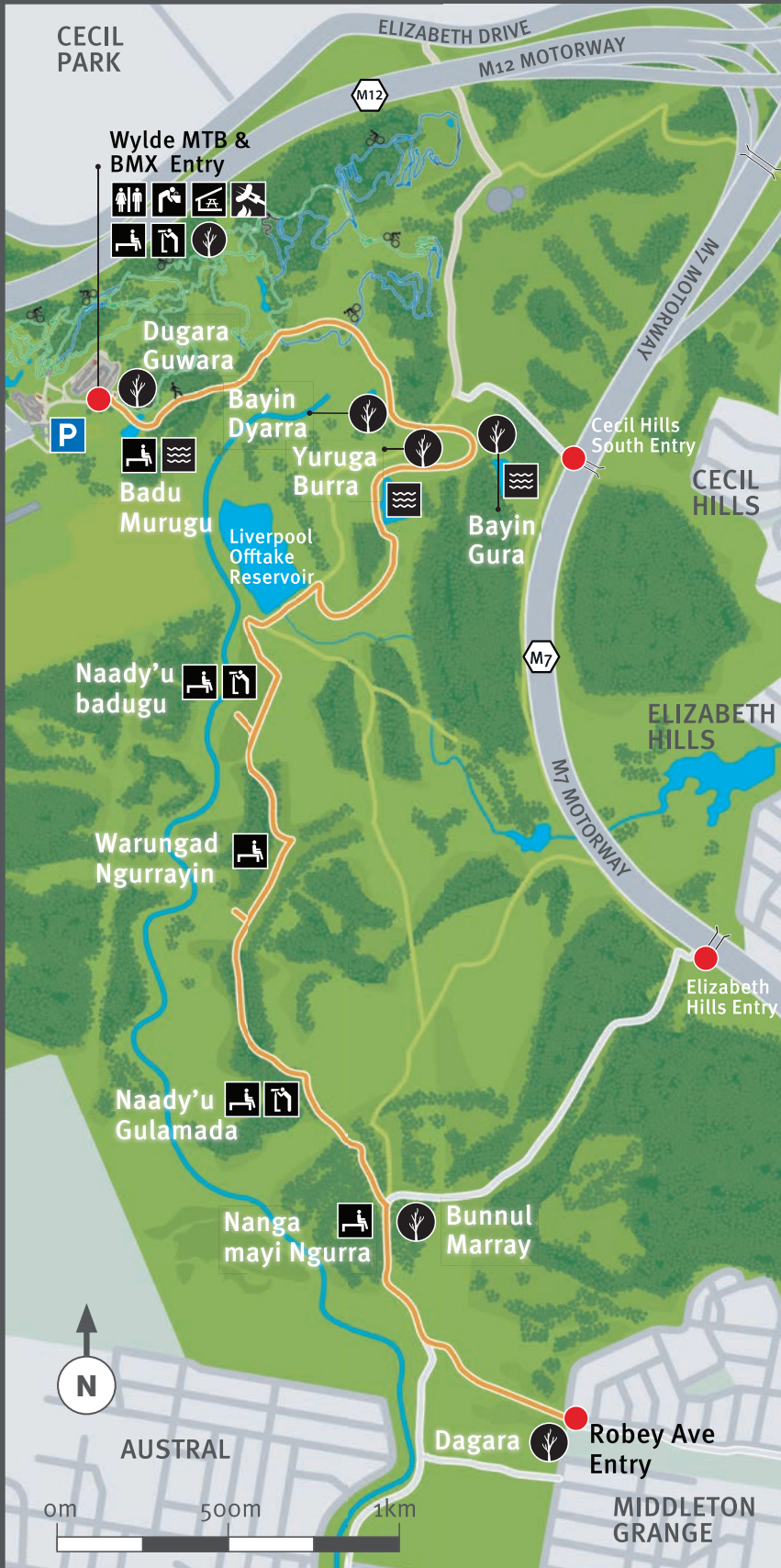
**Entrance:** Via Range Rd, Cecil Park.

70km of **TRACKS AND TRAILS** to explore  
[westernsydneyparklands.com.au](http://westernsydneyparklands.com.au)



Western Sydney Parklands





## Map Legend

	Picnic Shelter		Western Sydney Parklands entry
	Rest Stop		Mown Path
	BBQ		Sealed Track
	Toilets		Gravel Track
	Accessible toilet		Bridge
	Parking		
	Water fountain		
	Lookout		
	Dam		
	Six Dharug Seasons art tree		

### Six Dharug Seasons art trees

Dugara Guwara - Cold and windy  
 Bayin Dyarra - Wet and cooler  
 Bayin Gura - Cold getting warmer  
 Yuruga Burra - Hot and thirsty  
 Bunnul Marray - Warm and wet  
 Dagara - Cold and Frosty

### Rest stops / Lookouts

Badu Murugu - Water Pathway  
 Naady'u badugu - I see to the water  
 Warungad Ngurrayin - Place of our ancestors  
 Naady'u Gulamada - I see the Blue Mountains  
 Nanga mayi Ngurra - Dreaming Place

## Safety

- Be sun smart – cover up with clothing, a hat and sunscreen.
- Stay hydrated – take at least 2 litres of water per person with you.
- Stick to the paths.
- If you see a snake, leave it alone. Stop, walk back slowly and wait for it to move away.
- Bushfires may occur. The track will be closed during extreme weather conditions. For your safety, make sure you know where you are at all times.
- In an emergency, call 000.

emergencyplus



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